

**JOIN DR. MAYS IMAD FOR THE
UPCOMING Q&A SESSION:**

SOCIAL-EMOTIONAL LEARNING IN HIGHER EDUCATION

In this interactive Q&A-style session of the Inclusive Teaching & Excellence series, we will consider the neuroscience of toxic stress and its impact on learning. We will examine the principles and practical examples of trauma-informed approaches, whether it's in the classroom or at the institution. Finally, we will reflect on the connections between trauma-informed teaching and restorative justice.

***THURSDAY, MARCH 4, 2021
12:10 - 1:10 PM ET***

Registration information forthcoming in *Lafayette Today*

Co-sponsors: CITLS, Daniel and Heidi Hanson '91 Center for Inclusive STEM Education

BIOGRAPHY

Dr. Mays Imad



Dr. Mays Imad, neuroscientist and professor of pathophysiology and biomedical ethics at Pima Community College and the founding coordinator of the Teaching and Learning Center, performs research focused on examining the effect of different confounding variables on students' capacity for learning. She uses psychometric and biometric tools to quantitatively and qualitatively study the relationships between stress, self-awareness, self-advocacy, emotional resilience, meta-awareness, and metacognition, and how these are related to meaningful learning. Her work on trauma-informed pedagogy has been recognized nationally in many venues such as Inside Higher Ed and the Teaching in Higher Ed podcast, and she is a frequently invited speaker. She will join the Center for the Integration of Teaching, Learning, and Scholarship (CITLS) and colleagues to discuss a critical aspect of teaching and mentoring students that is even more essential now during the COVID-19 pandemic, social-emotional learning.